



Clearview Primary
Te Kura o Marama

Dear Parents and Caregivers,

As part of our Health curriculum learning, the Challenge Team are beginning a unit next week called 'Keeping Ourselves Safe'. The purpose of this programme is to teach the children a range of safe practices to use when interacting with other people, encourage children to be aware of abuse and to seek help if they have been, or are being abused, and to help prevent abuse in the community by raising awareness. This is a unit of work that has been developed by police and teachers to help children become aware of the need to protect themselves.

A brief outline of the programme we are undertaking is:

1. To learn to take care of themselves by recognising potential dangers and practising safe options
2. Demonstrate a responsible attitude towards their own safety and that of other people they may be with
3. To be aware of what constitutes abuse and what abuse looks like
4. To identify what family stress looks like, and distinguish between family discipline and abuse
5. To understand why it is important to report abuse

This unit involves stories, scenarios and related questions for the children to think about. They may want to come home and discuss appropriate strategies and attitudes that are relevant as a family. Constable Rick will also be visiting each homebase at the end of the unit, answering questions and discussing what has been learnt, including relevant Cybersafety. He will also be talking to students about safety issues concerning this age group in the community of Rolleston.

To help with your knowledge about what we will be teaching, we have provided the online lessons for your perusal. <http://www.police.govt.nz/advice/personal-and-community-advice/school-portal/resources/successful-relationships/keeping>

Please do not hesitate to contact your homebase teacher if you have any questions or concerns about the lessons.

Thank you for your support in this unit.

Yours sincerely,
Challenge Team Teachers

